Here are some useful websites to support you and your child with differing SEND needs.

**Autism and social and communication difficulties**

Community Autism Support Service CASS

<https://casspartnership.org.uk/>

**Speech and Language difficulties**

Elklan

<https://www.elklan.co.uk/FreeResources/>

Free resources for activities at home linked to language. You need to sign up (free). E.g. ‘Attention and listening activities for schools and children’– has top tips, interactive games and signposts to websites.

They also have a range of good resources to buy, such as posters of blank posters, Interaction poster, Colourful Semantics, Colourful Stories (narrative resources), DLD I’ll Help you Understand it (a useful book for parents and teachers on DLD), and lots more.

Speech and Language UK

<https://ican.org.uk/>

For Families – in main website: https://speechandlanguage.org.uk/information-and-support/

Lots of information for professionals and parents under their Talking Point section of the website (see top toolbar). All clearly signposted and includes some resources to download.

Also Blogs (under ‘News’) has lots of practical advice and resources. For example: ‘Resources for home learning and helping children’s understanding’.

Language link

<https://speechandlanguage.info/parents>

A team of speech and language therapists and software engineers developed these packages of assessments and interventions for schools and home called Speech Link and Language Link. They have put together some of their activities and games from their award-winning packages for parents to use freely at home.

* Parent portal site: sections are on top toolbar:
* What’s new (updated regularly)
* Activities: – everyday activities and age linked activities further down the page.
* Top tip videos are excellent for parents, including a nice Top Tips parent poster. There is a video for each top tip.

Symbol resource packs for home use

<https://symbolworld.org/>

Lots of visual aids and resources made with Widgit symbols that are free and ready to use. Many different topics to explore such as Science, Entertainment, Sport and Stories. There is a Live News link which is all explained using symbols.

**Mental Health and wellbeing helplines**

Young Minds Parents Helpline

0808 802 5544

Monday-Friday 9.30am-4.00pm

<https://youngminds.org.uk/contact-us/parents-helpline-enquiries/>

Young Minds is the UK’s leading charity championing the wellbeing and mental health of young people. It has a free helpline for parents/carers worried about the behaviour or mental health of a child or young person up to the age of 25. Helpline advisors can refer you to specialists, who will arrange a consultation, normally within seven days of your call.